## NIRMALA COLLEGE OF PHARMACY

Muvattupuzha P.O., Ernakulam Dist., Kerala-686661 Established in 2004, under Nirmala College Society (Reg.No.ER 928/2001)



## **AWARENESS PROGRAM ON FIRST AID AND EMEREGENCY CARE**

Date & Time	22/11/2019, 10 am
Venue	Nirmala Higher Secondary School
<b>Collaborating agency</b>	ISPOR/NSS, Nirmala College of Pharmacy
Events	Awareness session
No. of Students	10
participated	
No. of participants	120
benefitted	

The awareness program on first aid and emergency care was conducted on 22/11/2019 to educate the students about wound care, managing burns, choking, insect bites, allergies, etc. Some of the diseases that occur in children like type 1 diabetes, asthma, epilepsy, headache, and intestinal diseases were also explained and the methods to manage the condition, before leading to complications were also explained. The program aimed to empower students with knowledge about the immediate measures to be taken at the time of emergency. The session started at 10 am with the welcome address by the Vice-Principal of Nirmala Higher Secondary School. The Pharm D students explained the objectives of first aid like prevention of further injury, preserve life and promote recovery. They detail the content of the first aid box which includes dressings, medications, scissors, thermometer, gloves etc. First aid in case of emergency conditions like asphyxia, drowning, suffocation by inhalation of poisonous gas, fainting, shock, bleeding, fractures, muscle cramps, heat stroke etc was also discussed. The procedure for cardiopulmonary resuscitation was demonstrated to them. Management appreciated the efforts to educate the students regarding the necessary information to manage difficult situations. The program ended at 12:30 pm with the vote of thanks by NSS coordinator Mr. Eby George.

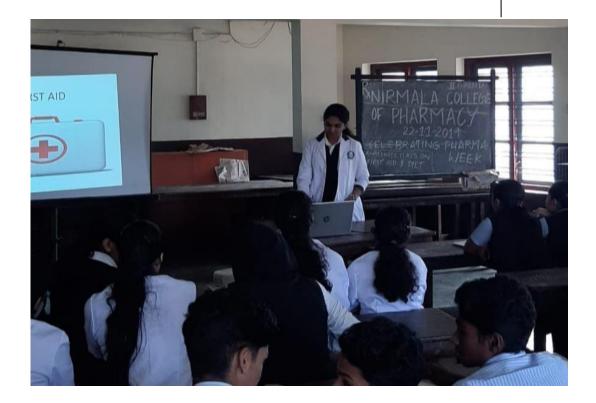


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