

NIRMALA COLLEGE OF PHARMACY
Muvattupuzha P.O., Ernakulam Dist., Kerala-686661
Established in 2004, under Nirmala College Society
(Reg.No.ER 928/2001)



**NATIONAL PROGRAM FOR PREVENTION & CONTROL OF
CANCER, DIABETES, CARDIOVASCULAR DISEASE AND
STROKE (NPCDCS)**

CANCER SURVIVORS MEET AT NIRMALA MEDICAL CENTER

Date & Time	18/10/2019, 3 pm
Venue	Nirmala Medical Center, Muvattupuzha
Collaborating agency	NSS unit/ISPOR student chapter of Nirmala College of Pharmacy
Events	Cancer survivors meet
No of students participated	10 students
No. of participants benefitted	13

Experience sharing the event with cancer patients and relatives was conducted on 18/10/2019 as part of ISPOR student chapter activity, in association with the NSS unit. Mr. Aby Paul, President of the Student chapter welcomed the gathering. Dr. Theresa, the Palliative department head, discussed the growing burden of cancer globally. The doctor mentioned the early detection methods and risk factors associated with various types of cancer. The impact and role of palliative care in improving the quality of life of cancer patients were discussed. The need for Psychiatry counseling to both cancer patients and their relatives to withstand the economic and mental pressure of disease was discussed by Dr. Linz Mathew, Psychiatrist. The deep breathing exercise teaching session to improve mental stress was also conducted. Cancer survivors explained their sufferings during the treatment period and how they could overcome such tribulations. The unconditional family support was recollected by the survivors. Their success stories were inspiring to those who were actively on diseases. Niya Mariya, Pharm D intern proposed the vote of thanks and the meeting ended at 4.30 pm.



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