

NIRMALA COLLEGE OF PHARMACY

Muvattupuzha P.O., Ernakulam Dist., Kerala-686661

Established in 2004, under Nirmala College Society

(Reg.No.ER 928/2001)



National program for prevention & control of cancer, diabetes, cardiovascular disease and stroke (NPCDCS)

INR detection camp and public awareness program at Nirmala Medical Center, Muvattupuzha

Date & Time	17/04/2019, 10 am
Venue	Nirmala Medical Center, Muvattupuzha
Collaborating agency	ISPOR/NSS, Nirmala College of Pharmacy
Events	Medical camp
No. of students participated	20
No. of participants benefitted	52

A medical camp for the detection of INR (International Normalized Ratio) and a public awareness program was organized on 17/04/2019 to promote awareness about the importance of monitoring INR levels among individuals on anticoagulant therapy (warfarin/acenocoumarol), particularly those with conditions such as atrial fibrillation, deep vein thrombosis or prosthetic heart valves. Proper monitoring of INR levels is essential to ensure the effectiveness and safety of these medications and this program aimed to create awareness about the significance of INR monitoring and offered free INR testing service to the public. The camp was organized by the student chapter of ISPOR (International Society for Pharmacoeconomics and Outcome Research) in association with NSS and was inaugurated by Hospital Administrator Sr. Jovita at 10 a.m. 52 patients taking warfarin/acenocoumarol for various indications attended the program and monitored INR levels. The participants were educated about the factors affecting INR levels and how to maintain a healthy INR range in order to promote safe and effective anticoagulant therapy management. Immediate consultation and guidance were provided for individuals with abnormal INR levels. Such initiatives are necessary to ensure safe and effective management of anticoagulant therapy among individuals who depend on this drug for survival. The program ended at 12.30 p.m., by the vote of thanks proposed by Dr. Suja Abraham, Faculty advisor of ISPOR KUHS student chapter.



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