NIRMALA COLLEGE OF PHARMACY

Muvattupuzha P.O., Ernakulam Dist., Kerala-686661

Established in 2004, under Nirmala College Society

(Reg.No.ER 928/2001)



NATIONAL PROGRAM FOR PREVENTION & CONTROL OF CANCER, DIABETES, CARDIOVASCULAR DISEASE AND STROKE (NPCDCS)

Date & Time	04/02/2020, 10.30 am
Venue	Caritas Hospital, Kottayam
Collaborating agency	NSS unit/ISPOR student chapter of Nirmala College of Pharmacy
Events	Cancer awareness program
No of students	30 students
participated	
No. of participants	350
benefitted	

Cancer awareness program at Caritas hospital

A cancer awareness program was organized on 04/02/2020 by the NSS unit and ISPOR student chapter of Nirmala College of Pharmacy at Caritas Hospital, Kottayam to raise awareness about cancer, its prevention, early detection and to provide psychological support to patients and caregivers. The program was inaugurated by the hospital administrator Fr. Binu at 10:30 a.m., followed by an informative session by the Oncology department Head, Dr. Jose Tom. Early detection methods such as screenings and self-examinations were explained to the audience. The importance of a healthy lifestyle and preventive measures to be taken were mentioned. Inspirational stories from cancer survivors were shared to encourage the sufferers and to create a positive attitude among them. Posters were displayed regarding the risk factors and preventive measures for the benefit of patients and bystanders. The need to undergo regular checkups and screening was depicted. Pamphlets and informational materials were prepared and distributed to the patients. Quality time was spent with each admitted patient with cancer to motivate them to face the challenges and discomfort associated with cancer therapy. A skit was also done for a better understanding of the concept of early detection. The program ended at 2 pm with a vote of thanks by Ms. Aleena Issac. The session was well appreciated by clinicians and patients and the program ended at 3 pm.

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