

NIRMALA COLLEGE OF PHARMACY

Muvattupuzha P.O., Ernakulam Dist., Kerala-686661

Established in 2004, under Nirmala College Society

(Reg.No.ER 928/2001)



VISIT TO PROVIDENCE HOME FOR MENTALLY CHALLENGED WOMEN, KARAKKUNNAM

Date & Time	18/12/2021, 11 am
Venue	Providence home, Karakkunnam, Kothamangalam
Collaborating agency	NSS
Events	Interaction with inmates of Providence home
No. of students participated	30
No. of participants benefitted	35



The newly enrolled NSS volunteers of Nirmala College Of Pharmacy, Muvattupuzha had visited a Providence home at Karakunnam, Kothamangalam. This is a residential facility dedicated to providing care and support for women with intellectual and developmental disabilities. It is run by the Congregation: Little Servants of Divine Providence (LSDP). The sisters who run the home have no income whatsoever. The house is therefore completely dependent on donations. The purpose of our visit was to meet the inmates and gain insight into the living conditions, care practices, and overall well-being of the residents at home. The Providence home is a well-maintained facility situated in a serene and accessible location. The building appeared to be clean, safe, and equipped with facilities to accommodate the specific needs of the residents. The in-charge of providence home welcomed us and gave an opportunity to interact with the inmates ensuring all covid protocols. It was evident that the staff at the Providence Home showed great compassion, patience, and professionalism in their interactions with the residents. There were 25 residents and 10 staff members to take care of the inmates. The residents appeared content and well cared for, with individualized care plans in place to address their specific needs. The staff-to-resident ratio was appropriate and there was a consistent presence of caregivers throughout the facility. Various activities, both indoor and outdoor, were organized to promote socialization and personal development. They were involved in arts and crafts, gardening music therapy and other recreational activities. This was also an opportunity for many of us to realize to help and love the

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neediest group of our society. Regular checkups and necessary medical attention were provided, and the staff ensured that medications were administered as prescribed. It is essential to recognize the importance of such institutions that cater to the needs of vulnerable populations. The fund was raised by the NSS volunteers of second-year B.Pharm. and was handed over to the Sister-in-Charge. Mr. Eby George, NSS coordination conveyed gratitude for the opportunity they provided. We returned at 12.30 PM.



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