

NIRMALA COLLEGE OF PHARMACY  
Muvattupuzha P.O., Ernakulam Dist., Kerala-686661  
Established in 2004, under Nirmala College Society  
(Reg.No.ER 928/2001)



**NASHA MUKTH ABHIYAN-**  
**Programme Against Drug Abuse and Illicit Trafficking**

<b>Date &amp; Time</b>	24 <sup>th</sup> November, 2022, 2 PM
<b>Venue</b>	Nirmala Higher Secondary School, Muvattupuzha
<b>Collaborating agency</b>	NSS unit/IPA student chapter
<b>Events</b>	Awareness session on drug abuse
<b>No. of participants benefitted</b>	120

The awareness session on drug abuse was conducted on 24<sup>th</sup> November, 2022 at Nirmala Higher Secondary School, Muvattupuzha , with the aim of educating students about the consequences of drug abuse. The program was conducted for 9<sup>th</sup> and 10<sup>th</sup> std students. The session started off with an introductory speech by the Principal. This was followed by the presentation by Sneha Susan of III Pharm D. The current issues related to drug abuse and statistics were presented. Various examples related to the topic were shared for better understanding among students. The presentation aimed to raise awareness, provide information and promote prevention strategies to combat the growing issue of drug abuse in our society. Students were able to understand the different categories of drugs, including stimulants, depressants, hallucinogens, and opioids; and their potential effects on physical and mental health as well as the risk associated with drug abuse including addiction, health problems, and social consequences. Short-term and long-term complications were explained and the impact of drug abuse on personal relationships, academic performance, and overall well-being etc were discussed. Information regarding the signs and symptoms of drug abuse will help them to identify potential issues in themselves or others. Details on available resources and support networks for individuals struggling with drug addiction were also provided and encouraged the students to adopt preventive measures and make informed

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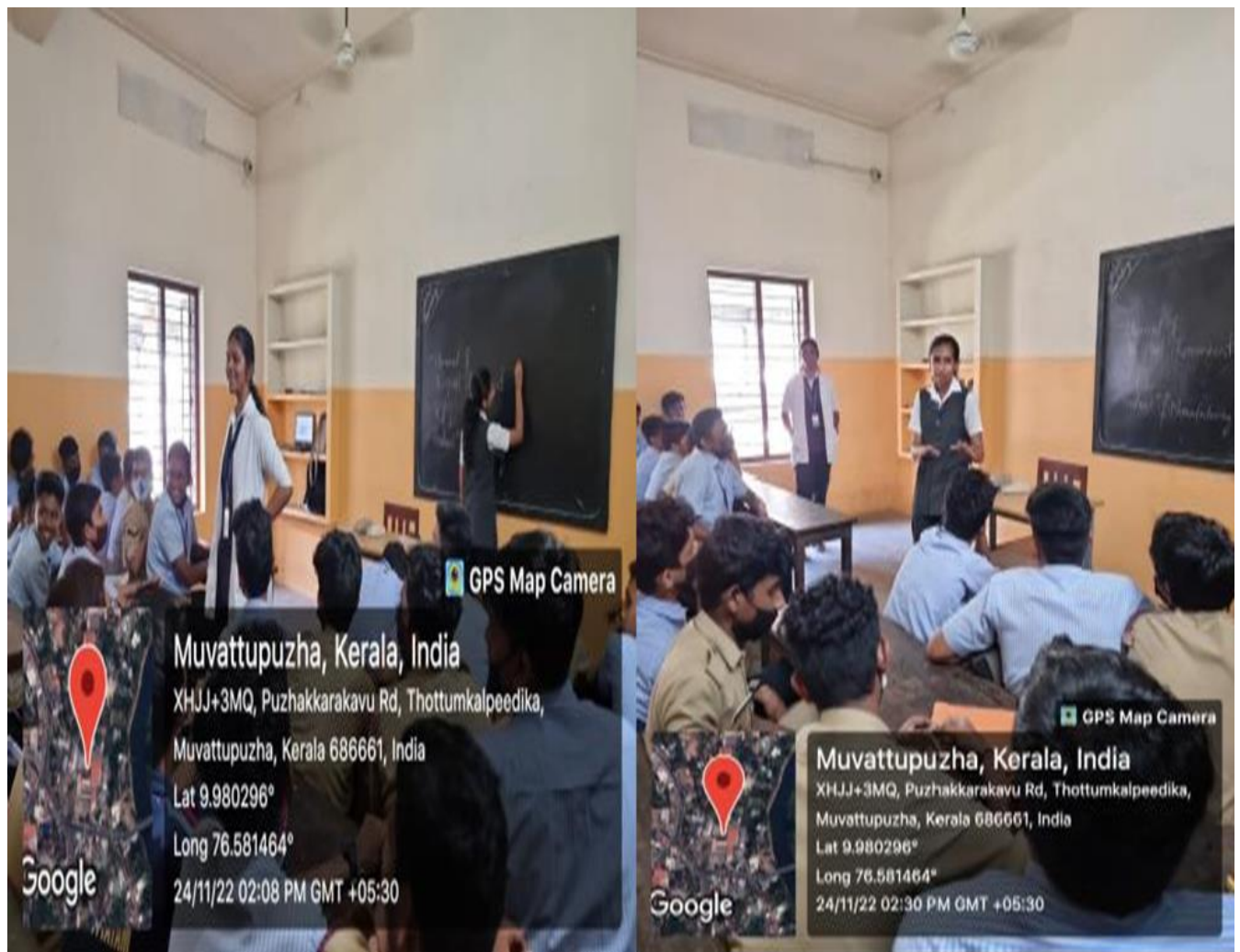
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decisions to avoid drug abuse. Counseling services and rehabilitation programs available for drug addicts were also explained in order to spread the message in the community. The programme ended at 4pm with vote of thanks.



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