

NIRMALA COLLEGE OF PHARMACY
Muvattupuzha P.O., Ernakulam Dist., Kerala-686661
Established in 2004, under Nirmala College Society
(Reg.No.ER 928/2001)



PUBLIC AWARENESS PROGRAMS

PUBLIC AWARENESS ABOUT MEDICATION SAFETY THROUGH HOME TO HOME COUNSELLING

Date & Time	23/11/2022, 9.30 am
Venue	Nearby locality
Collaborating agency	ISPOR/NSS, Nirmala College of Pharmacy
Events	Home to home medication counselling
No. of students participated	50
No. of participants benefitted	96

A Home-to-home medication counseling was organized by the student chapter of ISPOR (International Society for Pharmacoeconomics and Outcome Research) in association with NSS and co-curricular committee at the nearby locality on 23/11/2022. This program aimed to provide comprehensive medication counseling to the patients in order to promote better health outcomes and awareness. The program started at 9:30 a.m. with a welcome address conveyed by Rev. Fr Jose Pullopilil. A felicitation was done by Dr. Badhmanaban. The participants were divided into 10 groups along with a faculty. The awareness program included a thorough review of medications, potential drug interactions, and proper dosage instructions. This was done to ensure that patients have a clear understanding of their prescribed medications and to identify any medication-related concerns, including side effects, adherence, and potential interactions. To promote medication safety and prevent adverse drug events, patients were encouraged to take an active role in managing their medication regimens. In addition to the prescription medicines, over-the-counter drugs and supplements were also reviewed and the patients were provided with individualized education on each medication, including purpose, dosage, administration, and potential side effects. Adherence to medication regimens was assessed and strategies for improving adherence were discussed. Medication reconciliation was performed to identify any discrepancies between the actual medication use and the prescribed regimen. Patients were educated on proper medication disposal methods and encouraged to dispose of expired or unused medications safely. Participants were encouraged to ask questions regarding their medications for better understanding. Their concern related to potential medication related problems were addressed during the counselling session. This was a significant

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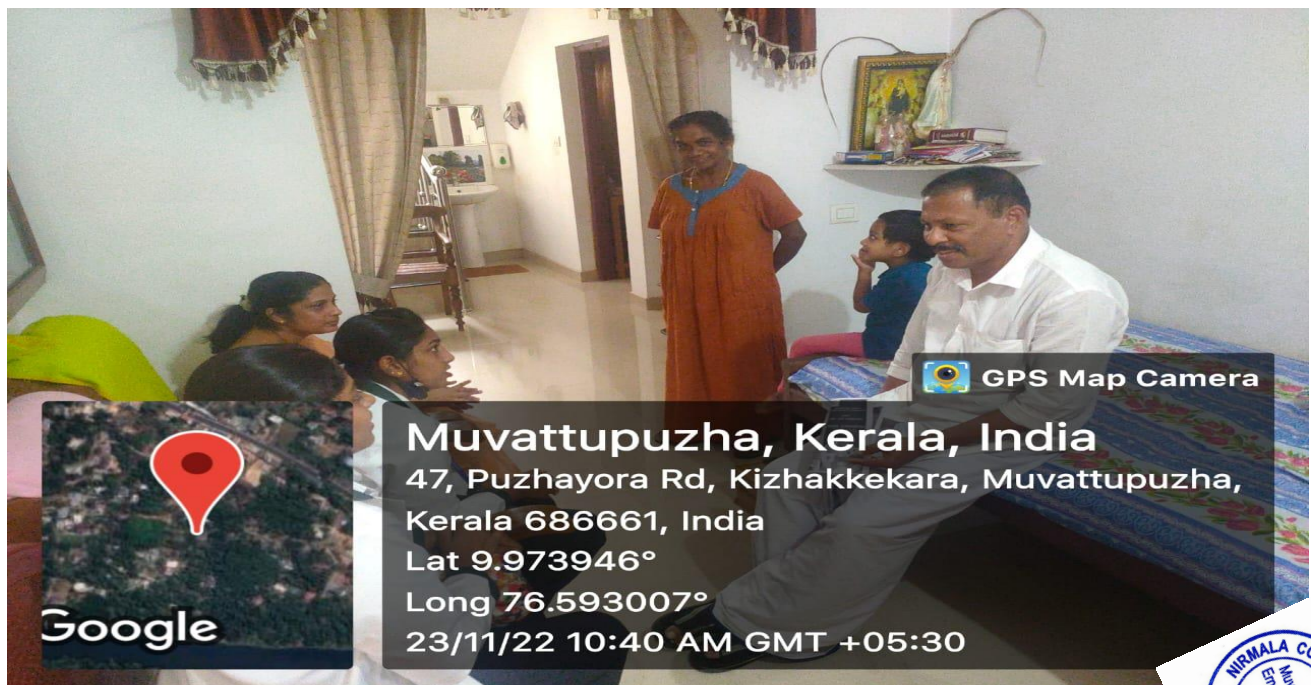
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step toward addressing the healthcare needs of the community. The program ended at 12.30 pm.



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