

NIRMALA COLLEGE OF PHARMACY

Muvattupuzha P.O., Ernakulam Dist., Kerala-686661

Established in 2004, under Nirmala College Society

(Reg.No.ER 928/2001)



PATIENT AWARENESS PROGRAM ON ADVERSE REACTIONS

Date & Time	20/09/2023, 11 am
Venue	Caritas Hospital, Kottayam
Collaborating agency	ISPOR/NSS, Nirmala College of Pharmacy
Events	Awareness session on adverse reactions
No. of students participated	30
No. of participants benefitted	100

The patient awareness program on the adverse reaction was conducted on 20/09/2023 at Caritas Hospital, to educate the patients about the methods to prevent medication-related adverse reactions. The program started at 11 a.m. in the presence of the Medical Director, Dr. Bobby, Joint Director Fr. Jinu Kavil, and the Head of the Clinical Pharmacy department Dr. Kevin Roch. An interactive awareness class was done by the Pharm D interns and provided comprehensive information about adverse reactions, common symptoms, reporting mechanisms, etc. Minnu Ann Mohan and Joyalyn gave an introductory discussion about the common circumstances that led to adverse reactions. To avoid these reactions, patients are instructed to provide complete details regarding allergy history or previous ADR and current medications to doctors. They should get adequate knowledge about their medication, its dose, and duration of therapy before leaving the hospital. They were reminded to keep the medicine in the proper cover, store it according to the instructions, and complete the course of therapy. They were encouraged to report whenever a sudden change happened after the administration of drugs. Krupamol Joy explained the harmful effects of the abrupt stoppage of medicines without completing their course and the use of expired drugs. Dr. Dona Maria Jetto, Assistant Professor, Pharmacy Practice emphasized the importance of compliance and reminded not to follow self-medication practice. She also expressed gratitude to the management, healthcare providers, student volunteers, and patient participants. The program ended at 1 p.m.

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