

NIRMALA COLLEGE OF PHARMACY

Muvattupuzha P.O., Ernakulam Dist., Kerala-686661

Established in 2004, under Nirmala College Society

(Reg.No.ER 928/2001)



CANCER DAY AWARENESS PROGRAM

Date & Time	28/01/23,4.00 p.m
Venue	Municipal Ground Thodupuzha
Collaborating agency	Smita Memorial Hospital And Research Center
Audience	Government Officials, All Staffs of SMHRC, NSS and ISPOR Students/faculty, Nirmala College of Pharmacy
Speaker	Dr.Suresh Advani (Chairman of SMHRC)
Topic	Cancer day awareness as a part of National Program for Prevention & Control of Cancer, Diabetes, Cardiovascular disease and Stroke (NPCDCS)
Events	Awareness program, Walkathon
No. of participants benefitted	100

Walkathon and public awareness program were organized to spread information on cancer prevention and management. The program focused on creating awareness about the risk factors associated with cancer and the importance of a healthy lifestyle to resist the occurrence of cancer. The need for regular exercise, adherence to healthy food habits, regular health check-ups, early detection through screening and awareness campaigns, etc were emphasized during the program. Various methods for early detection through self-examination methods were also explained. The program was conducted to empower every person to become advocated for cancer awareness within their families and communities.

After the awareness program, informational pamphlets and brochures were distributed to the audience and addressed individual concerns and queries of the participants. Almost 100 participants attended the program.



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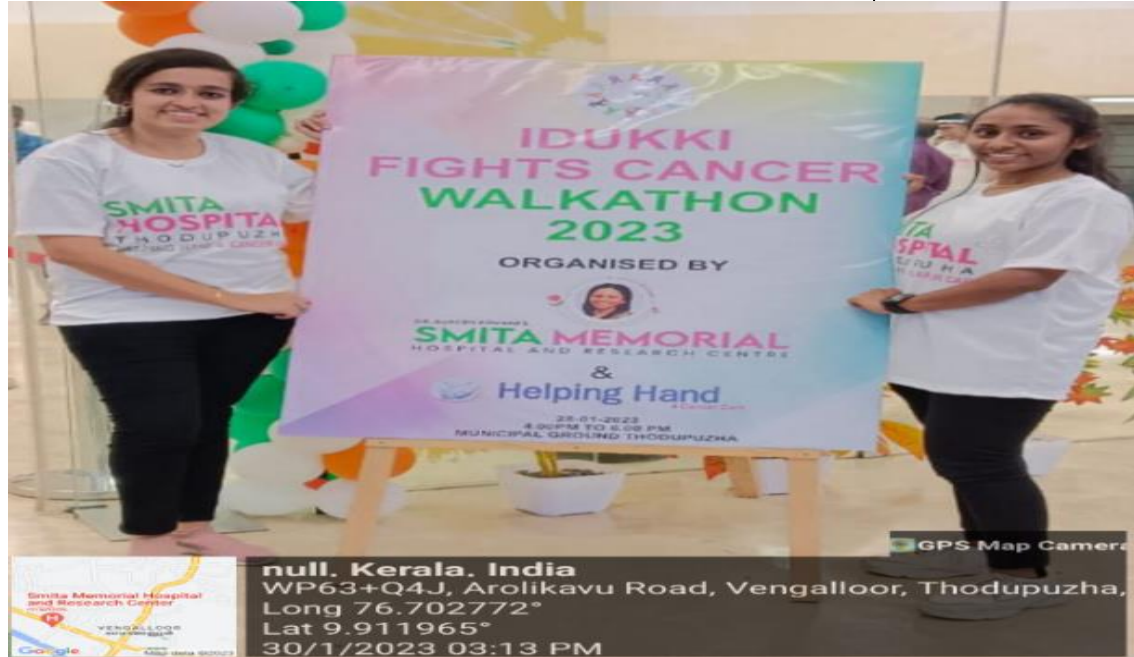
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